

Task List PHYSICAL THERAPY

Student _____ Department _____

The student will read and study departmental policy and procedure manuals for **PHYSICAL THERAPY**.

The student will either observe or aid in the performance of the following activities.

Activities

	Observed	Aided	Date
1. Assessing the patient			
2. Planning treatment/positioning			
3. Using modalities			
A. Hydrotherapy			
B. Hot packs			
C. Cold packs			
D. Paraffin bath			
E. Ultrasound			
F. Transcutaneous electrical nerve stimulation (TENS units)			
G. Massage			
H. Traction			
4. Assisting with exercises/ROM			
5. Assisting with ambulation			
6. Assisting with treatment of ulcers, burns, or wounds			
7. Assessing the patient prior to discharge			
8. Using various other equipment			
9. Maintaining work area/equipment			
10. Following safety guidelines regarding personal and client/patient safety			
11. Other			

Facility Supervisor Signature _____

Student Signature _____